

Leadership Skills *for Women* 2013



Women, Power & the Body *A New Approach to Women's Leadership*

- Take charge of your life - access the knowledge, power and self belief to stand strong as a woman without self doubt.
- Be supported to make lasting change by learning what energises, empowers and restores you as a successful woman.
- Empower your true voice to make your presence felt - both personally and professionally.
- Stand strong as a powerful woman in times of stress, anger and anxiety.

During this six week program your facilitator Robyn Bull will support and guide you to connect to your leadership aspirations, to identify and work beyond your individual roadblocks to gain a fulfilling leadership presence in your career and personal life.

Designed from a body centered approach, the Leadership Skills for Women Program will bring healing, self-awareness and empowerment for you to become the Leader within you. Learn powerful skills and techniques to support and enable you to take bold and exciting new steps. You will learn to stand strong not just in your thinking or mind but your whole body.

6 Week Program Commencing July 18, 2013
Womens Health Loddon Mallee 47 Myers Street, Bendigo

Module 1 *The Leader Within – Self Leadership – Sense of Self, Self Concept & Your Bodies Emotional Intelligence*

Module 2 *Empowering Women's Voices – Dynamic Communication Skills*

Module 3 *The Assertive 'Leading' Woman*

Module 4 *The Key to Success, Empower Yourself and Ditch The Inner Critic*

Module 5 *Enlightened Leadership, the True Emotions of Being a Woman*

Module 6 *Project Credibility, A Leadership Presence and Living True to Your Personal Values*



"Self-respect cannot be hunted. It cannot be purchased. It is never for sale. It cannot be fabricated out of public relations. It comes to us when we are alone, in quiet moments, in quiet places, when we suddenly realize that, knowing the good, we have done it; knowing the beautiful, we have served it; knowing the truth, we have spoken it."

Whitney Griswold

What past participants have said

"I walk away with knowledge, power and self belief that I can change my life."

"I thoroughly enjoyed the experience and left with strategies for confidence and success."

"This course offers a different approach to stress management and positive body/mind image."

"I loved showing up finally after using/allowing exit strategies to stop me grow. I love the passion Robyn has and her experience shared. I am inspired to show up in all areas of my life."

"An absolute need for all women to do Leadership Skills with great empowering outcomes, fantastic life skills."

"That I highly recommend Robyn Bull, and this workshop. Robyn treats you as important, that you matter. Her gentle but powerful manner makes you feel welcomed and relaxed. This workshop will make you realise that you are important, valued and that you can stand strong as a woman without self-doubt."

"I walk away with a new perspective, a new way of looking at me, and the intention to nurture myself and live the best life I can."

"Amazing what I have learned in 6 weeks. I have been through the whole gamut of emotions: anger, despair, confident to lacking faith in my abilities, but with guidance, support and a caring nature I landed on my feet and have a bright new future to look forward to."

Who Should Attend

Leadership Skills for Women has been created for all women no matter where they are at within their lives.

Registration

Individual: \$797 + GST

Group: A discounted rate of \$750 per person is given to groups of three or more.

This fee also includes a complementary session to be used during or after the program.

How to Register

Call Robyn Bull on 0407 221 035 to organise payment plan with Ezidebit.

Substitution Policy

You may register a colleague or friend as your substitute at no extra cost if you notify us at least 5 business days before the program.

No Shows

If you do not attend and do not make prior arrangements with us to cancel your registration or transfer it to a substitute, you will be charged 100% of the registration fee.

Cancellation Policy

More than 28 days before program: *Full refund of registration fee*

14 to 28 days before program: *50% refund of registration fee*

13 days or less before program: *No refund of registration fee*



The Facilitator

Robyn Bull is an intuitive, caring and professional Practitioner, Trainer, Advanced NLP Coach, Timeline Therapist and Body Centered Psychotherapist. Her passion is supporting people to know that they make a difference, that they can stand out in the world in their own purpose and passion and bring peace and healing and love to their own communities and the world.

Robyn's way has a deep basis in psychotherapy - a body centered approach called Radix. Radix is a powerful personal development process or body psychotherapy, which promotes change, growth and healing. The word 'radix' means root or source.

Robyn's work embraces both Psychotherapy and Advanced NLP Coaching & Timeline Therapy bringing authenticity, identity, richness, wisdom and commitment both to the client and their process. She draws upon her own life experience, wisdom and her professional training's to guide and support others to "Live Their Best Life". Robyn's unique style, her grounded-ness and direct approach have inspired hundreds of women to accomplish both personal and professional challenges and goals.

Take Charge of your life Empower your true voice Stand strong as a powerful woman

BOOK NOW! Call Robyn on 0407 221 035